

ANNUAL REPORT 2022

YES Community Counseling Center, Inc.
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YES Community Counseling Center’s mission is to increase awareness about personal and community issues, prevent and treat substance abuse, and to promote healthy families and a safe community. The services are comprehensive and designed to respond to the complex needs of our clients and their family members.

Dear Friends,

Serving the community for 46 years since 1977, Youth Environmental Services continues to evolve and expand in an effort to best serve the complex needs of children, families, and communities.

As new challenges arise for our community members, our organization is proud to walk beside those who need our support and advocate for those who often are not seen or heard within the systems that serve them. Our steadfast philosophies of care remains the guiding force behind the services that we develop and provide. This includes an understanding that the inherent strengths and potential of each individual and family begins with connection. Often, the relationships and connections fostered at YES are the catalyst to remarkable transformations that result in individuals that heal, and families and communities that strengthen. Working in partnership with those who share in our mission remains essential and so deeply valued.

YES Community Counseling Center stands strong in the community in part due to the kindness and support from others who recognize how important it is to take care of neighbors, friends and families who may need assistance. Our Board of Directors and staff work tirelessly to ensure that we provide services to all those in need and are profoundly grateful for the support through financial donations and volunteerism efforts that we receive each year. Clearly, for our community, there is the recognition that charity does begin at home! This past year has been marked by considerable accomplishments as we strive towards maintaining our mission. Some of the highlights of this past year include:

- 398 individuals and families were treated within our Addiction and Support Services Program.
- 255 individuals and an additional 484 family members were served through our Youth and Family Life Support Programs.
- 18 community members and an additional 64 family members received supportive counseling within our Town of Oyster Bay and Town of Hempstead COVID Support Program.
- Our WISH (Women in Shared Healing) services to adults and children affected by domestic violence, physical, sexual, emotional abuse, and/or trauma has responded to 18 families in need.
- The Early Intervention project, (GINO Fund) continues to provide youth ages 13-17 with counseling interventions to not only address their substance experimentation/use patterns, but also to provide support for any of the underlying concerns that have influenced the youth’s

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current behaviors and stressors. In 2022, 8 adolescents and 30 family members engaged in services within this program.

- The agency provided a monthly bereavement group to individuals who lost a loved one to addiction 11 individuals attended this group in 2022.
- The agency's addiction treatment program maintains a medical team which consists of a Medical Director (DO), two part-time Psychiatric Nurse Practitioners, and one part-time Registered Nurse. 483 medical services were provided in 2022. This includes medical assessments, psychiatric assessments, and medication management appointments (including Medication for Addiction Treatment/ MATS)
- The agency returned to utilizing in-person sessions as the primary treatment modality while continuing to offer virtual group, individual/family, and psychiatric services when appropriate.
- The agency ran over 15 continuous group treatment services to participants in the agency's counseling programs. A total of 732 group sessions were held in 2022. This includes, but is not limited to, Mindfulness Series for Kids and Tweens, Adolescent groups that focus on substance use concerns, coping with stress/trauma, and self-esteem/healthy coping, three different support/education groups for family members impacted by a loved one's addiction, Girl's Self-Awareness Group, Adult Stress Management Group, Young Adult Group, Women's Group, and over six specialty addiction recovery groups.
- 4,244 individuals were served through YES' Prevention Services, including evidence-based programming for students across 6 elementary schools, within the Massapequa School District and across the elementary and secondary level in Island Trees and Levittown school districts. We have expanded our reach to Holy Trinity High School with our Teen Intervene Program. Further, 51 parents attended our Active Parenting Programs.
- The Partnering in Action, Change for Tomorrow (PACT) initiative continued to provide evidenced based trainings in BASICS-TOT, TIPS, and Active Parenting TOT reaching 60 professionals/school staff (HS and college) and 40 business owners.
- 307 professionals and community members were trained in opioid overdose prevention and naloxone administration.
- A newly funded coalition, the Hispanic Alliance for Prevention Coalition (HAP) outreached to approximately 400 Hispanic community members to provide resources and conduct a needs assessment.
- Four Drug Take Back Events were held with our coalitions (MTAC, LCAC, and HAP) distributing 400 bags of resources and collecting a total of 535 lbs. of narcotics and sharps from the community.
- 467 youth were reached in person through workshops/events that were youth driven working with YES' new Youth Ambassadors Program, LYOUTH Coalition, and MTAC youth coalition. This includes events such as Massapequa School Districts' Awareness Week, National Red Ribbon Week, National Prevention Week, National Drug Facts Week, YES' Youth Ambassador Program and our Youth coalitions working with MTAC and LCAC.
- Our BRIDGES program supporting young adults across Nassau County providing support through screening/assessments and referrals/resources for 30 individuals/families impacted by substance use and mental health issues. Outreach through this program reached approximately 1,702 youth and families through workshops, tabling events, and presentations in the community across high school and college campuses.
- Commerce Plaza, the children's business center, resumed the program's full capacity since prior to the pandemic, serving over 5,000 students.

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- 420 adults and children in need received concrete resources through our Annual Breakfast with Santa, the Henry Schein Back to School Program, The Adopt a Family Program, and Food Pantry with the help from our local schools, fraternal and civic organizations, and neighbors who generously donate to support these on-going efforts.
- The agency resumed live fundraising events, including its Annual Turkey Trot.
- YES participates in the BBB Charity Seal Program and is known as a BBB Accredited Charity, which is an immediate and easily recognizable symbol to donors that our organization has met the Standards for Charity Accountability. The 20 Standards evaluate financial accountability, governance and oversight, effectiveness measures, and fundraising, information materials, as well as other areas of service.

The following is an overview of YES Community Counseling Center’s income and expenses for the fiscal year ended December 31, 2022.

<u>Total Support & Revenue:</u>	\$4,106,718
Program Expenses:	
Drug & Alcohol Services	1,417,161
Youth Development & Other Program Services	<u>2,030,185</u>
Total Program Expenses	3,447,346
Management & General Expenses	668,102
Fundraising Expenses	<u>1,296</u>
<u>Total Expenses:</u>	\$4,116,744
Total Assets:	\$4,424,400
Total Liabilities:	<u>\$472,717</u>
Net Asset Balance:	\$3,951,683

Board of Directors

Barbara Russo, President	Donald Patane, CFS
Larry Kravitz, Vice President	Kenneth Hund
Camille Byrne, Secretary	Michael Levy
Patrick Kuster, Treasurer	Stephen Parmiter
Jillian Dodge, CFE, CRISC	
Davina Roberts	
Francesca Zeltmann	

Executive Director: Adrienne LoPresti, LCSW-R

YES Community Counseling Center is tax-exempt under section 501 (c) (3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.

